



KATANNING SENIOR HIGH SCHOOL

An Independent Public School

NEWSLETTER NO.1 17 MARCH 2023



On Thursday, 2 March 2023, Year 11 Student Harry Forman attended the Presentation Ceremony for the 2023 Premier's Anzac Student Tour, where he was acknowledged for his achievement and received a certificate signed by the Premier of Western Australia and the WA Minister of Education.

BANK DETAILS TO MAKE PAYMENTS

You may prefer to pay school accounts and excursions costs through Direct Deposit. The school bank account details are as follows:

Bankwest Katanning

Account Name: Katanning Senior High School
BSB Number: 306-014
Account Number: 496740-9

Please ensure you add the student name to the payment details. The school also has EFTPOS and Credit Card payment facilities.

KATANNING SENIOR HIGH SCHOOL Golf Links Road Katanning WA 6317

Principal: Mr Innocent Chikwama
Deputy Principal: Mr Calvin D'Sylva
Deputy Principal: Ms Larissa Powell
Manager Corporate Services: Kara Flugge
Program Coordinator : Ms Felicia Martelli
Program Coordinator Student Services: Mr Frank Gaudin
Program Coordinator Student Services: Mir Graham Treloar

Phone: (08) 9891 1100
Email: katanning.shs@education.wa.edu.au
Website: www.katanningshs.wa.edu.au



FROM THE PRINCIPAL

It has been such a positive start to the school year. The students have been very settled, organised, and ready to learn.

The wearing of school uniform has been excellent this year. My first sincere thank you for the year to the wonderful parents and families who have presented their students in school uniforms for the start of the year. The students look fantastic in their school uniform on school grounds.



New Staff

This term, we welcomed several new staff members who won Katanning Senior High School positions. Welcome to:

Ms. Cathryn Sanders: Mathematics

Ms. Serena Sandwell: Design and Technology

Ms. Mckinley Palmer: Health and Physical Education

Ms. Chris Roberts: Learning Support Coordinator

Ms. Deborah Harvey: Laboratory Technician

Ms. Natasha Tonga: Humanities and Social Sciences

Ms. Melinda Allan: Health and Physical Education

We have advertised for a Health and Physical Education fixed-term teaching position commencing term 2. If you know anyone suitable to our school context, please encourage them to apply.

Year 7

Welcome to our new students joining us in Year 7 and those entering other year groups, all coming from previous schools and locations to join our school for 2023. This year we have 68 students enrolled in Year 7 at KSHS. I warmly welcome all our new families who join the KSHS community this year. We look forward to working with our students and families in 2023, and it will be an exciting year. Remember, our values at KSHS are Respect, Achievement, Perseverance, and Tolerance.

School Improvement Program

This year we commenced the three-year Fogarty EDvance school improvement program at KSHS. The staff and Senior Leadership team have been working on analysing data and research to inform our planning. Staff, students, and parents will all have opportunities to participate in the program and have a voice in the planning process. As part of the program, we will conduct two different essential surveys to gather baseline data for the school improvement program and inform decisions as the school constructs its strategic plan in the coming months.

The Organisational Health Index (OHI) survey – developed by McKinsey & Co, is for **all teaching and non-teaching** staff. The OHI survey will run from **16 February to 15 March 2023**.

The TTFM survey -developed by the Learning Bar – consists of 3 surveys that collect insights into **teacher, parent, and student** perceptions of classroom practice and students' educational experience at KSHS. The survey opens on **27 February** and closes on **3 April 2023** (Week 10).

Thank you in advance for participating as we aspire to create better student outcomes.

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Thank you in advance for participating as we aspire to create better student outcomes.

National Assessment Program – Literacy and Numeracy (NAPLAN)

Students in Years 7 and 9 will write the NAPLAN test in term one this year. As a result of bringing the test period forward, schools and parents will benefit from receiving students' results earlier in the year, providing an opportunity for teachers to tailor teaching and learning programs to their needs. The NAPLAN online test window will commence on Wednesday, 15 March, to Monday, 27 March.



FROM THE PRINCIPAL CONT.

Academic Extension Program Year 9

This year in Year 9, due to the number of students and staffing, the traditional ACE program will not be running in term one. A consultation meeting with Year 9 parents was held on Monday, 27 February, to explore different ways to extend gifted and talented students and other intervention strategies. The school will continue to work with various stakeholders to provide every student with a pathway to a successful future.

Top ATAR Achievers

We are pleased to announce our 2022 ATAR top achievers as, Alyssa Cronin and Isabella Collis, respectively. Alyssa Cronin was our school Captain and ATAR Dux for 2022. Both Alyssa and Isabel have been accepted into UWA to undertake bachelor's degrees in Biomedical Science and Psychology, respectively. The staff at KSHS would like to wish Alyssa and Isabella all the best for the commencement and duration of their studies at UWA. The School WACE attainment was 64% compared to like schools of 73%. This was a significant improvement from 46% in 2021.

We are six weeks into our school year and excited about the progress we are making in supporting our students with positive behaviour. The Student Services Team led by Mr. Treloar has been producing weekly Positive Behaviour videos outlining the school expectations regarding Good Standing, Uniform policy, Attendance, and the Positive Behaviour Matrix values at KSHS. Have conversations with your students about the videos and reinforce what we teach at school.

My best wishes to each one of you and your students as we embark on another year of learning and celebrating our achievements together.

Innocent Chikwama—Principal

DEPUTY PRINCIPAL

NAPLAN Year 7 and 9

NAPLAN tests the sorts of skills that are essential for every child to progress through school and life, such as reading, writing, spelling, grammar and numeracy. It is important to remember that NAPLAN is not about passing or failing, but about assessing learning progress.

NAPLAN testing will begin on 15 March 2023, with the Writing testing happening first. This will be followed by Reading, Conventions of Language and Numeracy. We are hopeful that the process will be completed in the first week of the test window.

What can I do as a parent to get my child ready for NAPLAN?

NAPLAN assesses literacy and numeracy skills that students are already learning through the school curriculum. Teachers will ensure that students are familiar with the test formats and will provide appropriate support and guidance. Excessive preparation is not useful and can lead to unnecessary anxiety. If you have any questions about your child's preparation for NAPLAN, you are encouraged to make a time to speak with their teacher.

If you wish you can access the **NAP Public Demonstration Site** and work with your child to have a go at the practice tests available. When you select a test choose the Standard test option and work alongside your child. We recommend that you make it fun and help them out. The best thing to do is simply make them familiar with the platform and the tools available.

What can I do in the NAPLAN week to help my child?

To make sure that your child has the best opportunity to achieve well in NAPLAN you can ensure that they have plenty of sleep, don't pressure them about the test, encourage them to eat a good breakfast and make sure they get to school on time.

Larissa Powell



“DISCOVERY AT LOCAL SCHOOL STUNS HISTORICAL EXPERTS”

WRITTEN BY L. RUSSELL & N. TONGA

EDITED BY J. LY

During the period between 480 BCE and 450 BCE, a small band of Spartan soldiers arrived on the shores of the Western Australian coastline. Having just fought and won at the Battle of Salamis against the Persian army of Xerxes in the Aegean Sea, these men sailed the world in search of new land. Upon their arrival, they were taken in by the local Noongar People, fed, and shown ways to obtain water on one of the driest continents on Earth. This new theory has shaken the scientific community to its core and is based on new findings from teams of archaeologists at Katanning Senior High School.

Recently the Year 7 cohort undertook an archaeological dig where they uncovered evidence of Greek contact with the Southwest’s own ancient culture, the Noongar Nation. The stages of an archaeological dig were carefully followed by the archaeological team. Firstly, official permission was obtained to dig in the vicinity, and the site was surveyed with cutting-edge technology. The site was then marked into quadrants for the archaeological teams, who began excavation using a variety of specialist tools. Five of the teams found “human remains” along with a mysterious text and shards of pottery. In a separate plot some distance away from the main dig, another team found a large bone believed to be evidence of megafauna, along with a collection of seashells in different coloured strata. All finds were carefully brushed and cleaned for further examination. The archaeologists noted their finds, then began decoding the message and dating the artefacts based on the evidence unearthed. After consulting experts to obtain a cipher, the archaeologists concluded that the message was written by members of an ancient civilization.

This exciting archaeological discovery comes as the second in a month for Katanning after a fossil that had been unearthed last week was claimed by a local HASS teacher to be the skull of an infant dragon. At an archaeological conference, however, this claim was hotly disputed by the experts in attendance, who ultimately dismissed the theory due to a lack of any credible evidence.



IMPORTANT DATES Semester 1 2022

For up to date information please visit the School Website: www.katanningshs.wa.edu.au

TERM 1 2023			
15 March - 27 March	NAPLAN Year 7 and 9	22 March	Interschool Swimming Carnival
17 March - 19 March	Bush Rangers Camp: Walpole	29 March	Year 7 SLG Elections
20 March	KSHS P&C Meeting - Venue and time TBC.	30 March	Year 7 & 10 Immunisations
		1 April	Senior School Ball

Although the best of care is taken in planning school events, the above dates are subject to change without notice. We recommend staying up to date with information advertised in the school newsletter and on the school website.

CLASS OF 2022

The Class of 2022 are taking many varied paths as they embark on their journey post school.

Some have gained employment, enrolled in further study at university or TAFE, begun apprenticeships, while others are working their way through a gap year before undertaking additional study.

Alyssa and Isabel have both been offered a place at UWA. Alyssa is studying Biomedical Science and Isabel Psychology. Alyssa received a Certificate of Merit from the School Curriculum and Standards Authority (SCSA) for her study achievements at Katanning Senior High School.



Orson has signed up for a four year fabrication apprenticeship with Southern Rural Fabrication.

Proprietor Zac was impressed by Orson's efforts during his Workplace Learning placement. Orson was named the Workplace Learning Student of the Year by Rotary Club of Katanning last year.



Aldi, Jaksyn and William are all working for CBH spread across the Katanning, Kojonup and Nyabing branches.



Tuhiwai, Jordan and Sidney have embarked on apprenticeships with McIntosh and Son.

Mrs Sarah Smithies
Workplace Learning Coordinator



HOME ECONOMICS

All students have made a good start of the year and doing a wonderful job in Home Economics.

Year 7 students have settled in well to their Food and Fibre class, taking responsibility in managing themselves and introducing themselves to the new equipment and kitchen settings. They have practiced chopping skills and enjoyed eating their fruit salad last week. Students enjoyed baking scrumptious cheese and onion scones on Tuesday.



The Year 8 Food and Fibre students are having a real sewing bee using sewing machines. They already have their "L Plate" and working towards their "P Plate" in sewing. Important coordination skills and an understanding of basic sewing techniques are developed as part of the curriculum.

Year 9 Food and Fibre group are refreshing their cooking, cleaning and group work skills and produced delicious chocolate slice and zucchini fritters. They are excited in planning their own recipe for the assessment task on food labelling.

Year 10 Food and Fibre group has done revision of the sewing machine skills and produced magnificent pin cushions. They are looking forward to learning cross stitch embroidery skills.

Year 11 Food Science and Technology students have shown great confidence and knowledge in food production skills including a range of precision cuts, mise-en-place strategies, accurate measurement, production plans, service management and safe operational practices when working with food. This week students have focused on the sensory and physical properties of food that affect the consumption of raw and processed foods that have been produced locally. They enjoyed taste testing of versatile cooking process done to Katanning grown peaches.



Year 12 Food Science & Technology students have had a good introduction to their assessment and course outline and have been made aware of the requirements of the externally set task. Students have started learning about micro-nutrients and their role in human body. They have enjoyed making healthy zucchini slice and pizza from our own garden's produce.



Children Family & Community class learning about different family types and enjoying interviewing teachers and classmates. They also loved making zucchini brownie and few of the students became fond of zucchinis who never tried it before.

Sushila Malik



CLONTARF



clontarf
foundation

Clontarf wishes to welcome everyone back for 2023. Our academy has had a busy start to the year.

Firstly, we welcomed our year 7's into the academy and into their years of high school with our year 7 induction day. The boys went out to Albany to visit the North Albany Clontarf Academy where some of their senior school students spoke to the boys about their time with Clontarf and what to expect. It was great for the boys to see another academy and meet some of the other staff. The day also included Ten Pin Bowling and a nice subway lunch before heading home.



On the opposite end, Year 12 Kyle Penny attended the Clontarf Southwest Region Leadership Camp. The camp was for all year Clontarf year 12's in the Southwest. We met in Busselton and the boys went over several things including the planning of their major trip, some goal setting, driver safety and surfing.



Coming up this term we have a Year 8 & 9 camp in week 8 and a senior school football trip in week 9.

We've been continuing with our morning training sessions Tuesday and Fridays before school as well as our after-school activities on Monday!



Scott Thomson
Clontarf Director



SCHOOL NURSE

Grounding: a calming exercise for children and teenagers

Suitable for 3-18 years

Grounding exercises: how they help children

After a traumatic, frightening or upsetting experience, a **grounding exercise can help children calm down**. Grounding exercises encourage children to focus on the things around them, rather than on the thoughts and feelings that are distressing them.

Grounding exercises can help adults too, so you could do a grounding exercise together with your child.

How to do a grounding exercise

Start by making sure **your child is sitting comfortably with their legs and arms uncrossed**. Then use a calm, quiet voice to guide your child through the exercise. Take it slowly and allow time for each step.

Here's how to talk your child through the steps in this exercise:

1. 'Get comfortable. Uncross your arms and legs.'
2. 'Now breathe in and out slowly 3 times.' You can guide your child by saying, 'Breathe in ... breathe out Breathe in ... breathe out Breathe in ... breathe out...''
3. 'Now look around you. Name 5 objects that you can see.' You can prompt your child with examples like, 'I see the ground. I see my shoe. I see a tree. I see a car. I see my friend'.
4. 'Close your eyes. Breathe in and out slowly 3 times.'
5. 'Keep your eyes closed and listen carefully. Name 5 sounds that you can hear.' You can prompt your child with examples like, 'I hear a person talking. I hear a bird chirping. I hear a door close. I hear a car going past. I hear myself breathing'.
6. 'Keep your eyes closed. Breathe in and out slowly 3 times.'
7. 'Keep your eyes closed and think about how your body feels. Name 5 things you can feel.' You can prompt your child with examples like, 'I can feel my toes inside my shoes. I can feel my feet on the ground. I can feel my fingers pressed together. I can feel my t-shirt on my shoulders. I can feel my teeth with my tongue'. 'Keep your eyes closed. Breathe in and out slowly 3 times.'

If **your child names distressing objects or sounds**, gently interrupt and suggest they choose something else. For example, you could say, 'Yes, I know you can hear that, but what else can you hear? Can you hear the bird chirping?'

Adapting this grounding exercise for children at different stages or with diverse abilities

For **younger children, autistic children or children with disability**, you could change the things you ask your child to focus on and name. For example, you could ask them to name the colours or shapes of objects around them, or things they can smell or touch.

Older children might like to do the activity independently. You could show your child how to do the exercise, or record yourself talking them through it, and then suggest they use it when they need to calm themselves.

Please visit [Raising Children Network](#) for helpful parenting information.



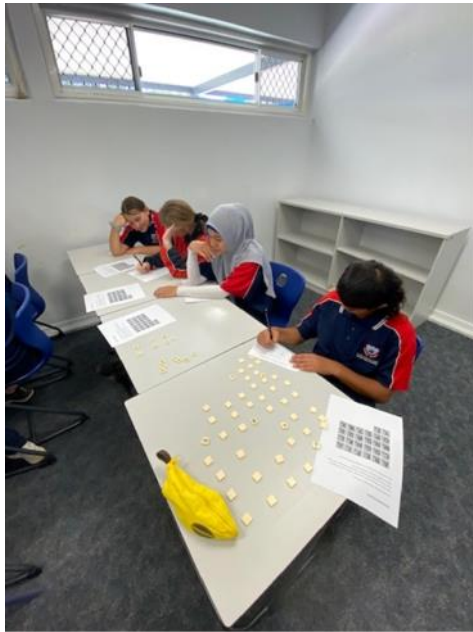
ENGLISH

It's been a busy start to the year for the English Department. We have hit the ground running in all year levels. We want to welcome our new Year 7 cohort, who's been a lively addition to the high school. Across all year groups, students have been exploring exciting content, including creative writing, autobiography, short stories, goal setting and literacy for employment.

In Year 8, the 8.1 class competed in a Literacy Olympics event where they participated in events including spelling, Wordle, riddle solving, Bananagrams, dictionary use and Boggle. The three winners were awarded spots on the podium. A big congratulations to Namiyah Amalan with gold, Jonah Stade, taking silver and James Standage with bronze. The students had great fun solidifying foundational literacy skills, and it was a nice way to round out Week 4.

We are looking forward to a busy yet fulfilling Term 1.

Miss S Murray
English



HEALTH AND PHYSICAL EDUCATION

The Katanning Senior High School Faction Swimming Carnival was held on Wednesday the 8th March in Week 6 at the Katanning Aquatic Centre.

Championship events include individual 50-metre freestyle, backstroke, breaststroke, and butterfly alongside the 4 x 50m freestyle team relay.

Novelty events designed to ensure students of all abilities have access to our carnival will make up 50% of the day's action. These events include crowd favourites 'The Giddy-up 500', 'Tractor Tube Derby' and 'Staff Fishing'. The swimming carnival is always a fun event that is enjoyed by all those who attend.

Congratulations to all who participated and made the day a success. Team HPE





March 2023

Hello and Welcome!

Welcome back to the new school year of 2023! Lets hope it's a great one!

Tutoring is happening Tuesday to Thursdays 3.10 to 4.30pm.

Packages have been sent home to students that are eligible , please return as soon as possible.

To be eligible for prizes camps and rewards attendance at the FTD you need to be here at least once a week.

Thankyou to our KSHS staff who have taken up tutoring this term, Ms Murray (Teacher), Mr Thompson (Clontarf), Mrs Malik (Teacher), Ms Teanna Mc Roberts (AIEO) Mrs Sonya Woods (AIEO) Mr Okan (Teacher).

Tutoring is not just school work! Lots of different activities happen. But we are here to help! Be a success come along.

Ms Fewster

GOOD NEWS!

Courtaney Woods year 12 Follow the Dream student 2022 went to the Gold Coast with the Western Heat WA Indigenous Netball team, to compete in the Budgies Indigenous Netball Competition that was held in January 2023, Courtaney was lucky enough to get a photo with Marcia Ella -Duncan and Donnell Wallam, who have both played for the Australian Diamonds.



Eligibility

To be eligible for the program students must demonstrate a combination of the following attributes:

- achievement above the national minimum standard in NAPLAN reading and writing.
- achievement above the minimum standard in NAPLAN numeracy;
- good work ethic: where teacher recommendation identifies the student as aspirant who is working consistently;
- leadership demonstrated in school and/or community;
- 90% attendance.



STUDENT HIGHLIGHT FTD student 2022

Mikayla Kafi, a former student at Katanning SHS was one of the inaugural female players selected in the Football Academy. Selection came following the first High School girls' carnival held in the region back in 2019, where we saw over 100 girls involved from Narrogin, Boddington, Wagin, Brookton and Katanning High Schools.

Mikayla has now moved to Adelaide and is working for SANFL as a Game Development Officer. She has also been asked to try out for Glenelg football club.

Well done to Mikayla on this wonderful achievement.



STEPHEN MICHAEL
STUDENT HIGHLIGHT

Special points of interest:

- Attendance is so important for YOUR education.
- Excursions to Perth for career pathways and universities coming up!
- Follow the Dream, school shirts coming soon
- Poly Farmer Hoodie available to regular attendees

ATTENDANCE and ACHIEVEMENT AWARDS!

This term I will be giving the student gift cards to -

Highest attender for FTD student, both upper and lower school.

Highest attender for KSHS student, both upper and lower school.

Outstanding academic achievement Come along and see what you can earn!

Keep in mind that school events require students to have attendance of at least 90%. If you would like help getting your attendance up I'm able to guide you with this . If you know you are going to be away for family reasons please let me know or have someone call the school so your attendance has been notified.

COMMUNITY NEWS

KATANNING NETBALL ASSOCIATION

ALL JUNIOR NETBALL REGISTRATIONS NOW OPEN!

GO JUNIORS AND JUNIORS CLOSE ON 20TH MARCH

GO TO PLAYHQ - LINK IN COMMENTS

JUNIORS DATE OF BIRTH
 01/07/2007-31/12/2011
GO JUNIORS DATE OF BIRTH
 1/1/2012-30/06/2014

NO LATE Registrations will be accepted for GO or Juniors.

PLEASE NOTE YR 8 & 9 MUST PLAY JUNIORS TO PLAY SENIORS. PLEASE REGISTER WITH YOUR CLUB FIRST. PLEASE COMMENT ON KATANNING NETBALL ASSOCIATION FACEBOOK PAGE POST SO WE CAN LIST YOUR CHILD'S NAME.

Any questions comment here or contact Erin Urquhart at knajc6317@gmail.com

PIC-COLLAGE

FOOTBALL GOLF

Age 6+

4-week program commencing Thursday 23 Feb- 16 March 2023

Katanning Leisure Centre- Top Oval

Thursday 23 February
Thursday 2 March
Thursday 9 March
Thursday 16 March

3:45pm-4:30pm

For more information, contact Clara on 98214399 or clara.mckay@katanning.wa.gov.au




Ultimate Frisbee

Have-a-go days!

Age 6+

Katanning Leisure Centre- Top Oval

Tuesday 14 February
Tuesday 28 February
Tuesday 14 March
Tuesday 28 March

3:45pm-4:30pm

To book your spot, contact Ciara on 98214399 or clara.mckay@katanning.wa.gov.au





SHIRE OF KATANNING PRESENT


FRISBEE GOLF

AGES 8-16
3:00pm - 4:00pm
Court 3 & 4

KATANNING LEISURE CENTRE
4 PEMBLE STREET KATANNING

Monday Dates
 13 February
 20 February
 27 February
 13 March
 20 March
 27 March

\$4.50 Per session

For more information, Please contact Steph at the Katanning Leisure Centre on (08) 9821 4399

