Congratulations to…

- All those students who achieved 100% Attendance in Term 1.
- Shaquirra Fraser (Year 10) - Smarter Than Smoking Art Project.
- Mrs Andrea Rundle who received a 10 Year Service Award from School Sport Australia.
- U/14 Katanning Netball Association (KNA) Country Week Team, Champions in their division.

**IMPORTANT INFORMATION FOR PARENTS AND THE COMMUNITY**

The Katanning Senior High School Board is seeking nominations to fill two positions for parent representatives. If you are interested in this position, please send your nomination in writing addressed to the Principal at Nicki.Polding@education.wa.edu.au This is a great opportunity to become involved with your regional high school. If you require further information about the School Board, please contact the Principal on 9821 9800. **Nominations close Tuesday 16 June 2015.**

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**BANK DETAILS TO PAY FEES**

You may prefer to pay school accounts through Direct Deposit. The school bank account details are as follows:

<table>
<thead>
<tr>
<th>Bankwest Katanning</th>
<th>Katanning Senior High School</th>
</tr>
</thead>
<tbody>
<tr>
<td>BSB Number:</td>
<td>306-014</td>
</tr>
<tr>
<td>Account Number:</td>
<td>496740-9</td>
</tr>
</tbody>
</table>

Please ensure you add the student name to the payment details. The school also has EFTPOS/Credit Card payment facilities.

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**KATANNING SENIOR HIGH SCHOOL**

Golf Links Road Katanning WA 6317

- **Principal:** Ms Nicki Polding
- **Deputy Principal:** Mr Neil Broad (Term 2)
- **Middle School Program Coordinator:** Mrs Sharon Poett
- **Senior School Program Coordinator:** Mr Frank Gaudin
- **Business Manager:** Mr Patrick Kennedy

**Phone:** (08) 9821 9800  **Fax:** (08) 9821 2912  
**Email:** Katanning.SHS@education.wa.edu.au  
**Website:** www.katanningshs.wa.edu.au  
**Canteen:** (08) 9821 2937

Katanning Senior High School Vision—Excellence in Teaching, Learning and Leadership
From the Principal

The keystone of the Independent Public School is community involvement. This involves input into the direction of the school to meet the learning needs of all students as well as the expectations of the community. For this to happen we need parents and community members to become involved with the school through the P&C, School Board, Grand Carers meetings and Follow the Dream Steering Committee meetings. The School Board is currently seeking nominations for two additional parent representatives.

So what does it involve to be a parent representative on the School Board? The School Board supports the school and promotes the school in the community. It is a partnership between the school and the broader community. Parent representatives would need to commit to attending two to three meetings a term which are usually held at 6:00pm in the Admin Conference Room on Thursdays. Board members discuss the school direction, the business plan, school budget, the Annual Report and review school policy as necessary. If you think that you could be up for this then nominate in writing to the principal and be elected by fellow parents. Voting will be completed using the First Past the Post method where parents come into school to vote. Nominations close Tuesday 16 June. If you need more information please contact me at the school.

So, what do the kids who do the right thing get at Katanning Senior High School?

This is a question I often hear asked around town. Fair question! So what do these young people get? The reward for 90% or more attendance and maintenance of Good Standing (i.e. no behaviour issues) is attendance at extracurricular events. These may include High Schools Country Week, selection for representational teams, acknowledgement in assemblies and letters for portfolios.

With the support of the Children’s Trust Foundation eighteen of our students were able to sail on the Leeuwin in 2014 with minimal cost to parents. The Foundation contributed $34,000 to enable these students from all different backgrounds to complete the week long trip. Katanning Senior High School aims to develop and nurture the whole child, not just their academic potential.

The recent excursion to Perth universities enabled university bound students, through completion of ATAR courses or via alternative pathways, to obtain a sense of the University experience. Students can be considered for selection for Rotary events such as Rotary Exchange, RYPEN and the Adventure in Citizenship to Canberra where students attend Parliament in Budget week. Other opportunities include selection for our Extension Programs in Year 7, 8 and 9, weekly mentor meetings for ATAR students, free tutoring, apprenticeship and traineeship opportunities and the Mind Matters Youth Empowerment Program.

So as you can see, those young people who generally do the right thing have access to a broad range of educational experiences beyond the school. If you think your child is not getting the opportunity to enjoy the full schooling experience, please come in and discuss with me so together we can determine how to broaden their education.

Is your child interested in Certificate II in Automotive, Engineering or Metal Fabrication?

Our Trade Skills Centre is starting to rise from the rubble as contractors from BGC commence our latest building program. This centre will be built to industry specifications and will enable our qualified staff to deliver the Certificate II trade courses which attract our senior school students in high numbers. The application for the Centre was completed and negotiated by the principal, however it was over to the Design and Technology staff for the internal specifications and equipment. Deputy Principal Mr...
Trevor Carruthers, supported by his two trusty lieutenants Mr McPhee and Mr Sandwell, spent many hours designing the internal fit out and choosing relevant equipment. Although it was hard work I can assure you that they were like kids in a toy shop as they researched the best equipment for our courses! This project is funded by the Federal Government to the tune of $2 million.

**Students proudly wear their school uniform even on the weekend!**

Every time I see our students as a group in assemblies, at Country Week, on the playing fields and in the class rooms, I am reminded of the hard work put in by the P&C from 2010/2011. This group of parents led by President Mrs Sharon Marino was instrumental in designing and developing the current school uniform. Our school uniform truly looks great, so much so that the Katanning Netball Association requested that the U14 and U17 teams at Country Week wore their school uniform. This was another terrific example of the community and the school working to support one another.

**Do you know of a local business supporting the high school Workplace Learning program?**

Over 106 local businesses accept our students for Workplace Learning providing young people with an opportunity to experience different lines of work. This program helps to develop work readiness and an understanding of what is expected in different work places. With the support of the community our Vocational students attend a work place once a week completing work related competencies. Some of our students even gain apprenticeships through this course which is a wonderful outcome for both the young person and our community.

**So what do they teach at school these days?**

This Newsletter is crammed full of the different learning programs available to our students, from producing stainless steel hammers to ceramic and tinwork face masks and everything in between as our teachers endeavour to provide a broad education.

We recognise that students do not all learn in the same way so we enable many different learning experiences involving both individual and group work, explicit teaching to student centred learning, through the art rooms and the workshops as well as the playing fields and the computer laboratories. The variety is immense as we strive to engage our many different students in meaningful learning.

**Nicki Polding**
Principal

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**2015 DATES TO REMEMBER**

<table>
<thead>
<tr>
<th>TERM 2</th>
<th>TERM 3</th>
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</thead>
<tbody>
<tr>
<td><strong>THURSDAY 28 MAY TO</strong></td>
<td><strong>MONDAY 20 JULY</strong></td>
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<tr>
<td><strong>FRIDAY 5 JUNE</strong></td>
<td><strong>(STUDENTS DO NOT ATTEND)</strong></td>
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<tr>
<td><strong>TUESDAY 9 JUNE</strong></td>
<td><strong>SCHOOL DEVELOPMENT DAY</strong></td>
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<tr>
<td><strong>FRIDAY 19 JUNE</strong></td>
<td><strong>(STUDENTS DO NOT ATTEND)</strong></td>
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<tr>
<td><strong>THURSDAY 25 JUNE</strong></td>
<td><strong>TUESDAY 21 JULY</strong></td>
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<tr>
<td><strong>MONDAY 29 JUNE TO</strong></td>
<td><strong>SCHOOL DEVELOPMENT DAY</strong></td>
</tr>
<tr>
<td><strong>FRIDAY 3 JULY</strong></td>
<td><strong>(STUDENTS DO NOT ATTEND)</strong></td>
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**Friday 3 July**

Middle School Reports issued in P6. (Yr 10 Country Week students’ reports available for collection 3:00pm)

**Friday 3 July**

**END of TERM 2**

**Friday 3 July**

**TERM 3**

**Monday 20 July**

**Tuesday 21 July**

Students commence Term 3

Katanning Senior High School Vision—Excellence in Teaching, Learning and Leadership
YEAR 11 GEOGRAPHY—THE BIG TOPOGRAPHIC MAP

In the build up to the First Semester Exams, revision of previously learnt concepts is important but sometimes it is really hard to ‘liven up’ revision. When our Year 11 Geography students entered their classroom last week, they found themselves standing on a topographic map which had been drawn across the floor.

Our students were able to revise a large number of concepts by actually being on a topographic map and then using grid references to locate themselves and identify features on the map. Contour lines were used to illustrate topography and time and distance were explored amidst much hilarity.

Mr Robin Dark—Head of Learning Area HASS
Teacher of Geography

“HAMMER TIME”

It’s been a great start to the year in Design and Technology classes with students using a variety of tools in Metalwork and Woodwork classes and producing many interesting pieces.

Woodwork
Mr Sandwell’s Year 7 Woodwork students have made a “Tower of Hanoi” and a “T” puzzle. The Year 8s have learnt how to use a T square and a set square so they can accurately design the handle of that wonderful gift to parents—the Football Rattle. The Year 9 class has completed either a pencil box or a tissue box holder and are currently working on the designs for their pull-along toy. The Year 10s are learning how to use the jack plane so they can make their wooden bowl with some students starting on the design for a clock. The Year 11 and 12 students have been set the task of designing and making a pot plant stand and most are well into the making of their stand.

Metalwork
In Mr McPhee’s Year 8 Metalwork class, students have been making a metal spinner, while for their next project, students are making a towel rail. In this activity, the students had the opportunity to use oxy-acetylene welding and the metal lathe. The class also made an acrylic key tag some of which turned out extremely well. Currently we are working on a pencil porter.

In Mr Sandwell’s Year 9 class, students have been set four different models to complete during the year. These models are; a pot belly stove shovel, a dustpan, a plumb bob and a candle stick holder. This combination will allow students to demonstrate their skills in design, lathe work, sheet metal work, welding, heating and forming, drilling and riveting.

Year 10 Metalwork students have been using the milling machine to make a bronze inlay and polished dice. Some of the students have been helping to make fixtures and fittings for the school’s workshop.

Year 11/12 Certificate I Engineering Course
This course is based heavily around achieving competencies in stick welding, mig welding, oxy-acetylene welding, becoming proficient in metalwork and the use of the lathe, milling machine and sheet metal work. Many of the students have completed practice tasks in these areas and produced toolboxes and polished all steel hammers.

Mr Luther McPhee—Teacher in Charge Design & Technology
Mr Allan Sandwell—Teacher of Design & Technology
This year 14 students from Katanning Senior High School took up the opportunity to attend the Year 12 University Camp from 5-8 May 2015.

The bus departed KSHS at 9:00am on Tuesday 5 May with some very excited Year 12 students on board. As we neared Perth, travelling through Armadale, the Geography students were reminded to start making their observations for the Geography Assessment Task.

Our first destination was the University of Western Australia where we were taken on the campus tour. It was quite busy on the UWA campus with the 100 year celebrations going on. The students were then brought up to speed on the entry pathways and requirements for the different courses. We also had a great lunch at University Hall as well as a tour of the accommodation options available for students.

On Wednesday morning we had an early wake-up call, ate breakfast (some had bacon and eggs cooked by Mr Gaudin) and departed from our accommodation at the School of Isolated and Distance Education (SIDE) in two groups. The Human Biology students, accompanied by Mr Gaudin, took the train into the city, from where we caught the Red Cat bus to the ferry terminal and then crossed the Swan River by ferry to the Perth Zoo. Here, the Human Biology students had to complete an activity as part of their course with a study of “Primates: Past to Present”. Students also had the opportunity to see some of the other animals in action. The rhinos and meerkats seemed to be particularly popular. Miss Watson accompanied the rest of the group to Notre Dame and Murdoch Universities.

Miss Watson collected Mr Gaudin and the Human Biology students from the zoo and delivered us all to Edith Cowan University, where we were taken on an entertaining tour, which included information such as Dame Edith Cowan “discovered” ECU (inside joke, you had to be there). Jarrin, Digby and Jono could not resist and each bought an ECU T-shirt (probably because they like the place so much). We returned to SIDE and spruced up for a night at the movies.

On Thursday morning Mr Dark accompanied the Geography students on the “Know Your City” investigation, while the rest of the students travelled by train into the city and then by City Cat to Parliament House. Here we were taken on a tour through the Upper and Lower House (both were in session) and we were able to meet and spend some time with Mr Terry Waldron MLA, the Member for Wagin. We then departed back to Central TAFE where we were given an extensive tour of the facilities and an overview of different post school pathways.

On Friday we visited Curtin University where students had a run around the campus completing the “Capture Curtin” activity. Students were then informed of entry pathways and pre-requisites for Curtin supplied us with a lunch of our choice while Jono, Digby and Jarrin provided some entertainment in their ECU T-shirts. We returned home to a well-earned rest and the opportunity to think about all that was on offer at the various universities.

I would like to thank the Year 12 students for being such a great bunch of ambassadors for Katanning Senior High School. Feedback from university staff was extremely complimentary. I thoroughly enjoyed spending the four days with these young ladies and gentlemen.

Mr Frank Gaudin
Senior School Program Coordinator
Last Friday, we had the pleasure of the Year 7 classes and their teachers Mrs Brown, Miss Hulin and Miss D'Souza conducting Team Building activities in the Library. They focused on the importance of being clear and concise when giving instructions and the need to use all of your skills when listening.

This was demonstrated when the students had to draw a picture and have it replicated by a partner. The session was finished off with Miss D'Souza showing off her Origami prowess by giving a paper crane demonstration. The students had to maintain concentration, focus and attention to detail in order to complete their paper cranes.

Mrs Allen, Mrs Brown, Miss Hulin and Miss D'Souza

On Saturday 23 May 2015, a group of staff and Year 12 students worked together to prepare the students for their exams which commenced on Thursday 28 May. The students worked in blocks of time dedicated to English, Maths, Human Biological Science, Chemistry, Physics and Geography. They had the opportunity to go over past exam papers, brush up on their study techniques and revise important subject concepts in collaboration with their class teachers. Both staff and students felt that the day was very successful.

Thanks to Mrs Brown (Human Biological Science), Mr Dark (Geography), Mr Dennis (Mathematics), Ms Sarip (English), Ms Watson (Chemistry) and Mr Hogan (Physics) for giving up their time to work with the students. Thanks also to Mrs Broad for organising the morning tea and lunch.

Again, many thanks to all who made this a valuable and successful day.

Mr Neil Broad
Deputy Principal
## 100% ATTENDERS TERM 1

<table>
<thead>
<tr>
<th>Year 7</th>
<th>Year 8</th>
<th>Year 10</th>
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</thead>
<tbody>
<tr>
<td>Janey Beeck</td>
<td>Zachary Evans</td>
<td>Cha Law Eh Htoo</td>
</tr>
<tr>
<td>Cora Bliss</td>
<td>Zarina Faridzal</td>
<td>Tyrone McRoberts</td>
</tr>
<tr>
<td>Samantha Higgins</td>
<td>Nasruddin Ibrahim</td>
<td>Rida Rustami</td>
</tr>
<tr>
<td>Maisarah Imran</td>
<td>Samantha Reeves</td>
<td></td>
</tr>
<tr>
<td>Tackly Naung</td>
<td>Cintami Turiya</td>
<td></td>
</tr>
<tr>
<td>Tao (Jamie) Pan</td>
<td>Xiang (Jeff) Wang</td>
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<tr>
<td>Graphity Paw</td>
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<tr>
<td>Hayden Prosser</td>
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<tr>
<td>Bowen Reeves</td>
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<tr>
<td>Hsa Plah Shae</td>
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<tr>
<td>Lovely Tha</td>
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<tr>
<td>Samwelli Twagirauezu</td>
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<tr>
<td>Rosanna Woods</td>
<td></td>
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<tr>
<td>Kun Yu</td>
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<table>
<thead>
<tr>
<th>Year 9</th>
<th>Year 11</th>
<th>Year 12</th>
</tr>
</thead>
<tbody>
<tr>
<td>Matthew Arnold</td>
<td>Isaac Barker</td>
<td>Nicolo Guazzelli</td>
</tr>
<tr>
<td>Sujjad Fayazi</td>
<td>Saige Jago</td>
<td>Corey Hull</td>
</tr>
<tr>
<td>Asyilah Imran</td>
<td>Ryan McConnell</td>
<td>Sajad Nazary</td>
</tr>
<tr>
<td>Alethia (LuLu) Nelson</td>
<td></td>
<td>Atiqullah Rezai</td>
</tr>
<tr>
<td>Declan Willey</td>
<td>Putri Taylor</td>
<td>Tyrone Roe</td>
</tr>
<tr>
<td>Ryan Wintle</td>
<td>Kyle Ward</td>
<td>Mackayla Warburton</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Welson Watts</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Boyd Woods</td>
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</table>

Congratulations to the students above on an outstanding effort to achieve 100% attendance in Term 1. These students were presented with certificates acknowledging their achievement at the whole school assembly on Thursday 21 May. It looks like the Year 10s need to pick up the pace!

Please remember that regular school attendance has a direct effect on a student’s educational outcome so make the most of your opportunity and come to school every day!!

## LIFE IN THE SHEDS

The second week of this term saw Year 11 student Jarred Simpson complete a shearing course in Boyup Brook. Jarred spent the week in Boyup Brook staying at the Shearing School headquarters. Fifteen trainees took part in the course with ages ranging from 16 – 30. Jarred spent the week learning new techniques and had the opportunity to practise his shearing skills. By the end of the week Jarred was shearing 40 sheep per day. “It was an amazing experience and I particularly enjoyed the food”, Jarred said on his return. The shearing courses are run twice a year and it is a great opportunity for interested students to gain first hand knowledge of what is involved in a shearing career. Jarred is looking forward to a future in shearing and his experience has been most valuable.

**Mrs Andrea Rundle**  
Teacher of SSEP
It has been a busy term in the Art Learning Area. Ms Le Guin has been working with the Year 7 students on Chinese New Year celebrations and has just begun a new Contour Drawing project with the Year 8s. Over the last four weeks students have been using their mathematics and geometry skills completing tessellated designs.

The Year 9 students produced a batch of kiln-fired ceramic masks with coloured glazes and a high gloss finish. Students began by researching the tribal masks of Papua New Guinea, designing their own mask and then using a plaster mold to form the final design in clay. They have just started the next project with boxes and other recycled materials being put together in different configurations, ready for an outer plaster shell and paintwork. This Constructivist Sculpture project is already looking good with a shelf full of sculptures.

Mr Martin Tabor
Teacher of Visual Art

Visual Arts and Health and Physical Education working together to promote the Smarter Than Smoking message

Year 10 Visual Arts student Shaquira Fraser worked alongside Health and Physical Education teacher Ms Jacinta Wright in the Year 9 and Year 10 Health classes to promote the Smarter Than Smoking health message. The students worked over two periods to develop their ideas for no smoking signs. These signs are to be used in public spaces around Katanning to remind the public that they are in non-smoking areas and the effects smoking could have on other users of these facilities.

The students really embraced the project and were keen to share their ideas with Shaquira. Shaquira took a collection of the students’ ideas back to the Art room and used her Visual Art class time sifting through them all to combine them into the final designs. The final five signs will be submitted to the Shire of Katanning and the Health Department for approval.

As a result of these combined efforts the school was given $500 through the Smarter Than Smoking funding department. This money will be well spent with the Health and Physical Education Learning Area planning to purchase resources to be used at recess and lunchtimes. Using this funding, the Art Learning Area is working with the Year 11 Photography students to create a 2015 students Leavers Board which will be displayed outside the school library.

The Visual Arts Learning Area will give updates on the development of the Leavers Board as we progress on design ideas for this year’s board, the theme being “Bloking, a strange way to read a book or study”.

Shaquira, Ms Wright and Ms Le Guin with Shaquira’s designs
Year 7s Journey to Explore Cultural Belief Systems in Art Across the World
In their first trimester in Visual Arts our Year 7 students explored the many ways that people across the world express their beliefs through the arts. From Chinese New Year celebrations, Aboriginal and Australian folklore and the folk art of Guatemala and Mexico, students created artworks using a range of art processes. After working on their drawing ideas, students created badges with the Chinese symbol of the goat or sheep for the year 2015 which they then displayed in the school library.

Looking at Australian Aboriginal artists and cultural stories, the mythological Bunyip story was explored. Through a range of drawings and clay works, students used their imagination to express their ideas of what the Bunyip may look like.

Students then ventured to Guatemala where women craft colourful textiles called Molas which are designed around the plants and animals of their country. Students used these stylistic design ideas to create their own colourful drawings and paintings.

Mexico was the last stop on this art journey around the world where students explored the traditional Day of the Dead celebrations and learnt how to make Mexican crafts. The crafts made were natural paper bags painted in colourful stylistic designs, tinwork masks, Pinatas and a range of designs for Mexican clay whistles. In Week 7 we celebrate Day of the Dead with a Mexican party where we will crack the Pinatas, and snack on nachos and Day of the Dead cookies.

These artworks will be on display in Art Room 2 until the first week of June, then at the Newdegate Field Days (2/3 September) and finally at the Katanning Show on 24 October.

Ms Melanie Le Guin
Teacher of Visual Arts
Classroom Visits
I have been very busy visiting the classes of Follow the Dream students over the past weeks and have been fortunate to view some fantastic work. I was very impressed by the Cert II Sport and Recreation students who were coaching the Year 10 students in basketball. It was great to see the students having to think on their feet and be positively engaged with the younger students. I have also been into English and Mathematics classes and reviewed work samples. I was able to watch Kelvin complete his oral English presentation. Kelvin spoke passionately on why he believes Aboriginal communities should not be shut down. He voiced his opinion with conviction and backed his arguments with facts and quotes from Aboriginal Elders, supporters and Federal Politicians.

I am focusing my class visits on a particular year group each week and these will be continuing until the end of term. The main purpose of visits is to observe how students are engaging in their classes so that teaching and learning adjustments can be made at tutoring sessions if needed.

Reconciliation Week
A few weeks ago I received a call from Mrs Shelley Obst, the Branch Manager at ANZ Katanning. ANZ, as strong supporters of National Reconciliation Week (NRW), were very keen to host an event that could tie in with National Sorry Day and NRW. Shelley explained how this event now had particular significance for her and her staff because Kassidy Fulmer, a Follow the Dream and Katanning Senior High School graduate, is currently employed at ANZ Katanning through an Aboriginal School Based Traineeship and since joining the team has shared her knowledge of Noongar culture with the staff. The branch staff was particularly keen to host something to show their support for their colleague and thought it would be nice to invite other Follow the Dream students to morning tea.

Our visit was more than just about the sharing of food, it was about education. Upon arrival the various staff members introduced themselves and explained their roles. Shelley explained to the students why they had been invited for morning tea and the link that it had to NRW. Boyd impressed the staff when he gave Welcome to Country in Noongar language. Kiara and Aaliyah presented Shelley with some art, worked on by Sophie and Tyrone in Follow the Dream, to mark the event. The students taught the staff about the cultural significance of Welcome to Country and explained the difference between it and an Acknowledgement of Country. The students did a wonderful job of answering general questions about Noongar culture and National Reconciliation Week. To wrap up our visit Kei-Leigh thanked Shelley and her staff for putting on morning tea for us and inviting us to visit.

Shelley has since contacted me to say that having the students visit the branch was an absolute pleasure and thanked us for the artwork, which will be proudly displayed in the branch.

Reading for Enjoyment
Often when I discuss reading with students they tell me they don’t like to sit down and read a book. I admit that I am not a fan of reading thick novels, but I do enjoy reading. Reading every day has many benefits. Here are 9 great reasons to read; 1—mental stimulation, 2—stress reduction, 3—increase your knowledge, 4—vocabulary expansion, 5—memory improvement, 6—strengthen analytical thinking skills, 7—improve focus and concentration, 8—create better writing skills and 9—it’s free entertainment (borrow a book from the library).

To promote reading for enjoyment, Follow the Dream and ATAS will be stocking some magazines, comics and novels for students to enjoy (after they have finished their tutoring of course).

Thank you
Lastly, a huge thank you to Juria and Nav for dropping in cupcakes to tutoring. The chocolate ones in particular were AMAZING! Kelvin and Mr Garde could not contain their delight whilst eating them.

Mrs Caitlyn Fitzgerald—Coordinator
Follow The Dream: Partnerships for Success
Colds and Flu Season

Colds are caused by any one of 200 or more viruses, making them almost impossible to cure. Generally, people must tolerate the effects of these viruses, which can last between 7 to 14 days. Colds come on gradually and spread easily, usually through hand contact or from sneezing and coughing. Symptoms include a runny nose, sneezing, stuffiness, red eyes, sore throat, dry cough, headache, muscle aches and occasional mild fever.

While the onset of a cold is gradual, the flu can hit much faster, going from feeling fine to being in bed with a fever in just a few hours. Symptoms can last between 4 to 7 days, but fatigue and weakness can last 2 to 3 weeks.

Symptoms can include a moderate to high fever that can last 3 to 4 days, loss of appetite, severe muscle aches, chills, severe headache, possible sore throat, fatigue and exhaustion and a severe dry cough. Treating colds and flu often can involve simply taking over the counter medicines to treat the symptoms. Staying at home and getting as much rest as possible, as well as drinking liquids to prevent dehydration can all help.

Hints and Tips for Beating Colds and Flu

- To help prevent the spread of germs, wash your hands regularly and keep your fingers away from your eyes and nose.
- Don’t use Antibiotics, as it won’t help a common cold, flu or other viral upper respiratory infection. They are used to treat bacterial infections and will have no effect on viruses.
- Treat the symptoms. Decongestants, chest rubs and steam inhalations can all help. Eucalyptus oil is a powerful natural decongestant that can be used in a vaporiser or bowl for relief of chest and nasal congestion.
- Take it easy, drink lots of fluids and get plenty of rest. Let the immune system do its work.

It's highly recommended to stay home from work or school to let your body rest and to aid recovery and also to avoid sharing your cold with everyone else!

Ms Larissa McInerney
School Nurse

(Ref: B osisto’s Eucalyptus Oil 2006)

Inclusive Learning

Lulu is continuing to join mainstream Art, Metalwork and Information Technology classes. Last week in Mr McPhee’s Metals class, she designed a key chain. She drew four different designs and chose her favourite. Lulu then selected three different coloured pieces of acrylic to laminate. After drawing her chosen design onto the acrylic, she used a coping saw to cut out her design. Lulu is now completing a final sanding after filing the edges smooth.

On Friday 22 May, Owen came dressed in his Eagles socks all set for “Footy Colours Day”. Sorry Ms Polding and Mrs Page – the Dockers socks stayed at home!

Ms Sarah Taylor
Education Assistant
CONTRIBUTIONS AND CHARGES

Thank you to parents who have paid student Contributions and Charges to date. Subject charges and contributions are used by the school to provide items and resources consumed by students in subject areas. An up to date student statement will be posted this term to parent mailing addresses detailing subject choices, charges and contributions and the balance owing.

Payments can be made, via
- Cheque, Cash or EFTPOS during office hours 8:30am—3:45pm
- EFTPOS—by telephone (savings, cheque and credit card)
- EFT—Bankwest Katanning  BSB 306-014 Account 4967409

Please don’t hesitate to email or contact the Business Manager if you have any enquiries regarding your student’s school statement, at katanning.shs@education.wa.edu.au or telephone 9821 9800.

NETBALL NEWS

Four netball teams represented Katanning Netball Association (KNA) at the Smarter than Smoking Association Championships in Perth on the June long weekend. KNA fielded teams in 12 & Under, 14 & Under and 17 & Under divisions as well as sending an Open team.

The 17 & Under team consisted of nine Katanning Senior High School students, Brianna D’Aprile, Brittany Hanna, Imogen Mills, Jordyn Warren, Caitlyn Jolley, Olivia Sugg, Krystal Butterworth, Millicent Boetel and Zamia Faridzal. Their coach, Mrs Richelle Warren reported that the girls won 4 of their 7 games and narrowly missed out on playing in the finals. The team displayed great sportsmanship and skill and thoroughly enjoyed the weekend.

The 14 & Under team was made up of eight KSHS students, Kyleisha Pickett, Jaymi Martin, Kasey Warren, Hannah Kingston, Jenna Martin, Chelsea Butterworth and Emily Daniell. They were coached by Mrs Gail Butterworth, Mrs Michelle Kingston was Team Manager and the Team Umpire was Ms Kristie Daniell. The team won 5 games and drew with Donnybrook which qualified them to play Donnybrook in the Grand Final.

During the first half, Katanning had been 6 goals down but fought back to be down by just 2 goals at half time. At the final whistle, the scores were level so the game had to go into overtime with Katanning being the eventual winners.

Year 7 student Jayde Wolfe played in the 12 & Under team and it was great to see all these students from Katanning Senior High School representing their town.

Mrs Richelle Warren
Katanning Netball Association

The KNA U/17 Netball Team wearing their KSHS jackets with coach Mrs Richelle Warren

The KNA U/17 Netball Team wearing their KSHS jackets with coach Mrs Richelle Warren
P&C NEWS

The Footy Margin Tipping Competition is running throughout the 2015 AFL season. Tickets are sold each week with a number on them. If your ticket has the correct winning margin for the Eagles or the Dockers you win $100. Tickets only cost $2.00 and can be purchased from Chrissie Coldwell (call Mobile: 0427 214 101). If you have the winning ticket, you have one week to collect your prize money.

Katanning Senior High School
P & C Fundraiser!

Everyone should have an up to date first aid kit in their bag, car, home, sports field or workplace! A Fundraiser First Aid Kit is easy to sell to friends, family or work colleagues.
A First Aid Kit is a great gift!

Kits are on display at Katanning Senior High School office, Bakehouse Jeanery and QFH Multipart. An order form is attached to this newsletter.

Orders are to be returned by 19th June with money to:

Dianna at Bakehouse Jeanery, Ange at Katanning Stock & Trading or the Front Office at Katanning Senior High School.

For any further information text 0427 235 013

All proceeds directly benefit our children.

CANTEEN HELPERS NEEDED
If you have some spare time out of your busy lives, (even if it’s only an hour), please come and volunteer at the Canteen at Katanning Senior High School. It’s fun, it’s a great way to support your child’s school and your help will be greatly appreciated.
If you’re able to help, please contact the Canteen Coordinator Lynley Keley on 9823 5032 or mobile 0427 235 082.

CAN YOU HELP?

Katanning Senior High School has recently purchased many new resources for the Year 7 students and we are looking for volunteers to help cover books so they will stay looking new for many years to come.
If you can spare a couple of hours we would love to see you!
Please contact the front office on 9821 9800.

Mrs Michelle Dolan—Literacy Coordinator
COMMUNITY NOTICES

KATANNING JUNIOR SQUASH
Will run for all of Term 2 at the Katanning Country Club every Monday afternoon from 3:00pm to 4:30pm commencing on Monday 18 May to 29 June 2015.
Cost is $50.00 (this includes insurance to Squash WA and KCC affiliation) and is for students in Year 4 to Year 7. Racquets and protective glasses supplied. For further information contact Ashley Clarke on 0421 974 350.

HOSTING FRENCH STUDENTS
Are you willing to host students from France for four weeks while they attend your local school? This is an opportunity for French students to be fully immersed in Australian culture, language, family life and education. For further information, please contact Martine Floyd by email: aupairoz@iinet.net.au or Mobile 0403 019 609

DR TONY ATTWOOD PRESENTATION—ALBANY
Dr Attwood, a world wide recognised speaker on Autism, will be doing two half day presentations on Wednesday 2 September 2015 at Great Southern Grammar, Albany.
The topics he will present are:
• Managing Challenging Behaviours in Children with Autism
• Cognitive Abilities: A Different way of thinking and Learning (Special Interests)
Contact Tammy Richardson (0467 084 475) or Di Bailey (0419 043 832) to register your interest in attending.

UNIVERSITY EVENTS

CURTIN UNIVERSITY PARENT INFORMATION SESSIONS

Year 10 Parent Information Session
Date: Monday 8 June 2015
Time: Expo and refreshments on arrival at 5.00pm—Formal presentations from 5.45pm - 7.00pm
Location: Elizabeth Jolley Lecture Theatre—Curtin Bentley Campus

Year 12 Parent Information Session
Date: Sunday 2 August 2015
Time: Further information will be provided closer to the event.
These events are intended to provide parents with what they need to know about the TISC process, university preferences, admissions, scholarships and university support services. They will have the opportunity to talk one-on-one with faculty representatives about specific courses and with current students about their university experiences. To register visit http://news.curtin.edu.au/events/parent-info-sessions or phone on 9266 1000.

UNIVERSITY OF NOTRE DAME WORKSHOPS

PREPARE FOR SUCCESS IN YEAR 11 & 12
Do you want to study more efficiently and achieve more? The University of Notre Dame is running study techniques workshops during the July school holidays.

Dates: Wednesday 15 and Thursday 16 July 2015
Times: YEAR 11 sessions: 9:00am—12:00pm (attend both days)
       YEAR 12 sessions: 1:00pm—4:00pm (attend both days)
Cost: $60.00 for both days

Registration Forms are available from Mr Gaudin or KSHS Front Office.
Registrations close Friday 10 July 2015. Full payment must also be received by this date.